

Hakol

The Voice of Congregation B'nai Jacob

Congregation B'nai Jacob of Phoenixville, PA

Adar II– Nisan 5784

April 2024

Our mission is to provide a place rooted in Jewish tradition where all people feel welcome, supported and enriched. We strive to foster connections to our past, to our future and to the divine in an intimate, accepting community.

Service Times

Friday Night-
(unless otherwise indicated) 7:30pm
Saturday Morning 9:30am

Candle Lighting

April 5 7:13pm
April 12 7:20pm
April 19 7:27pm
April 22– Passover 7:31pm
April 23– Passover 8:33pm
April 26 7:35pm

Events

Poems for Our Days– March 31	See p. 11
Food Distribution– April 7	See p. 13
Community Shabbat– April 12	See p. 14
Adult Education– April 14	See p 15
Sisterhood Shabbat– April 19	See p. 16
Speaker Shabbat—Madelyn Anton– May 3	See p. 17



CONGREGATION B'NAI JACOB
PLACE COMMUNITY CONNECTION
מקום קהילה קשר

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Something Shabbat Every Friday

- 5th Birthday/Anniversary Shabbat with Ice Cream Sundae Oneg– 7:30pm
- 12th Consecration & Community Shabbat– Potluck Dinner with Family Friendly Service– 6:30pm
- 19th Sisterhood Shabbat led by Jodi Rosenfeld– 7:30pm
- 26th Liberating the Soul During Pesach (Chol Hamo'ed Pesach Day 4)-7:30pm



Dear *Chaveirim*/Friends:

It's always interesting to learn what someone's favorite part of a celebration or observance is. My favorite part of *Pesach*/Passover actually comes before the *chag*/festival even begins.

The physical preparation required for *Pesach* far exceeds that needed for any other *chag* (with the possible exception of constructing a *sukkah* for *Sukkot*). And all of that preparation – clearing out all *chameitz*, thoroughly cleaning the home, koshering dishes for *Pesach* – is **not** my favorite part.

No, my favorite part comes on the evening and morning before the first *seder*. All the extensive preparation is completed. Nothing more can be done. And it's at those two times that we officially mark the end of the preparation.

On the evening before *Pesach*, it's traditional to hide pieces of bread around the house and then to have people search for them, using candlelight. (Just to be careful, I always place those pieces of bread into a Zip-loc bag, so that there's no chance of any crumbs coming loose). One teacher many years ago pointed out that it's important that this search is carried out by candlelight. If it were undertaken under the glare of bright lights, we'd no doubt find all kinds of things. The use of candlelight is a reminder that we're supposed to do a good job of cleaning out our houses, but not to go overboard, and not look **too** closely.

Following this search, it's traditional to recite this disclaimer:

All chameitz in my possession which I have not seen or removed, or of which I am unaware, is hereby nullified and ownerless as the dust of the earth.

The reason that engaging in this search and then reciting the above disclaimer is my favorite part of *Pesach* is because, what we're basically saying, is that – while it's important to do our best – we

are not perfect, and we will leave some trace of *chameitz* behind. *Pesach*, this disclaimer implies, requires us to push ourselves, even beyond our comfort level. But then, at some point, to stop, to let go, to realize that perfection is beyond us, and that having tried our best is enough. Beyond that point, while of course there are at least traces of *chameitz* lurking somewhere in our homes, in some nook or cranny, we simply let it go. It's not ours. It does not belong to us. We've done enough. We are enough. In all of our effort. And in all of our imperfection.

In case we miss the point the evening before, we recite the disclaimer one more time in the morning, as we ritually burn (or at least throw out) those last bits of bread that were hidden and searched out the night before.

So that's my favorite part of the *chag*, falling on the evening and morning just before it begins. A ritual that declares that I did my best. And that I'm not perfect. And realizing that's okay.

Elsewhere in this month's *HaKol*, you'll find the one page sheet from the Rabbinical Assembly with the ritual for "The Search for *Chameitz*." And you'll also find the form for "Selling Your *Chameitz*," in case you have so much that you can't eat it all before the *chag* begins.

Both actions represent the culmination of significant physical preparation. They represent the preparation of our homes for the *chag* that's just about to begin. By engaging in the ritual of searching for and then releasing *chameitz*, the physical preparation of our homes becomes connected to the spiritual preparation of our souls.

I wish everyone a meaningful and liberating *Chag Pesach*/Festival of Passover!

Rabbi Jeff Sultar



בדיקת חמץ The Search for Hameitz

The formal search for leaven (בדיקת חמץ) is conducted on the night before *Pesah*. This symbolizes the final removal of leaven from the home. Before the search, it is customary to deposit small pieces of bread (ten pieces, according to kabbalistic lore) in strategic places so that the inspection should have a purpose. It is traditionally carried out by the light of a candle, with a feather and a wooden spoon to collect the *hameitz*; all this is set aside until morning. If *erev Pesah* occurs on Shabbat, we search for *hameitz* on Thursday evening.

Before the search, recite:

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, Barukh atah Adonai Eloheinu melek haolam,
 אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, asher kid'shanu b'mitzvotav,
 וְצִוָּנוּ עַל בְּעוֹר חֻמֵּץ. v'tzivanu al biur hameitz.

Praised are You Adonai our God, who rules the universe, instilling in us the holiness of mitzvot by commanding us to remove all hameitz.

After the search, recite:

כָּל חֲמִירָא וְחֲמִיעָא דְּאִפְּא בְּרִשּׁוּתִי, Kol hamira v'hamia d'ika virshuti,
 דִּלָּא חֲמִיתָהּ וְדִלָּא בְּעִרְתָּהּ וְדִלָּא יָדְעָנָא לָהּ, d'la hamiteih udla viarteih udla y'dana leih,
 לְבָטֵל וְלֵהֵוֵי הִפְקֵר כְּעִפְרָא דְּאַרְעָא. libateil v'lehevei hefkeir k'afra d'ara.

All hameitz in my possession which I have not seen or removed, or of which I am unaware, is hereby nullified and ownerless as the dust of the earth.

Recitation of this declaration, and a similar one the following day, prevents us from violating the prohibition against *hameitz* (Exodus 13:7). In the morning, after the last meal of *hameitz*, leftovers are added to the crumbs gathered the previous night. These are burned or thrown out. This concludes the ritual of banishing *hameitz* from our dwellings.

In the morning, recite:

כָּל חֲמִירָא וְחֲמִיעָא דְּאִפְּא בְּרִשּׁוּתִי, Kol hamira vahamia d'ika virshuti
 דְּחִזְזִיתָהּ וְדִלָּא חִזְזִיתָהּ, dahaziteih udla haziteih,
 דְּחֲמִיתָהּ וְדִלָּא חֲמִיתָהּ, dahamiteih udla hamiteih,
 דְּבְּעִרְתָּהּ וְדִלָּא בְּעִרְתָּהּ, d'viarteih udla viarteih
 לְבָטֵל וְלֵהֵוֵי הִפְקֵר כְּעִפְרָא דְּאַרְעָא. libateil v'lehevei hefkeir k'afra d'ara.

All hameitz in my possession, whether I have seen it or not, whether I have removed it or not, is hereby nullified and ownerless as the dust of the earth.

Prepared for the RA by Yossi Hoffman

Pesah 5772

Based on *Passover Haggadah: The Feast of Freedom*, © 1982 The Rabbinical Assembly



“And The Survey Says” – Part Deux (2) - Attributes of Thriving Synagogues” Results

This goals of this collaborative exercise are to support our shared Vision, help us further plan for our future and build upon

our strengths.

The TCA results provided us with robust data and a snapshot of what features are most important to you and how we are doing on each.

As a reminder, the Thriving Congregations Assessment process will help us:

- Identify Areas Where We Thrive
- Explore What is Driving Growth
- Identify Areas Where We Feel Stuck and Explore Why
- Consider Unexplored Areas Where We Could Potentially Thrive

In short, it is this data that will help us set priorities for improvement and obtain the future to which we aspire.

Last month we reviewed the first Foundational Practice - Develop a Shared Compelling Vision of Jewish Community, and their associated survey results.

This month, further results and information is provided associated with the Foundational Practices. This provides a more holistic view and also insight into our planned next steps, including further review discussion at our June 19 Annual Meeting.

The Seven Foundational Practices of Thriving Congregations are:

1. **Develop a Shared Compelling Vision of Jewish Community**
2. **Engage in Reflective and Accountable Leadership**
3. **Manage Change & Conflict**
4. **Ensure Adequate Financial Resources**
5. **Welcome Participation and Engagement**
6. **Motivate Deeper Engagement in Torah and Tefila**

7. Advocate for Prophetic Justice & Practice Covenantal Caring

It is important to note these topics were all deemed equally important to the health/vibrancy/ thriving of a synagogue.

As we plan next steps for moving forward, we will **Focus** on where we scored 80% or higher (Strongly Agree - 5 or Moderately Agree - 4) – **we celebrate Strengths to build upon** and will **Focus** on where we scored 20% or lower (Somewhat Disagree - 2, Strongly Disagree - 1), **we have more work to be done**

1. Develop a Shared Compelling Vision of Jewish Community

Q1. Our congregation has gone through a visioning process in the last five years.

Score 3.93 – 78.5%

Q2. I can articulate the values of our congregation and what makes it unique.

Score 4.2 – 84%

Q3. The lay and professional leadership seem to make decisions with the congregation’s mission, vision, and values in mind.

Score 4.1 – 82%

Q4. Our programs are aligned with our mission and vision.

Score 4.07 – 81%

Q5. The clergy and professional staff have taken the time to build trust, and they have the support of the congregation.

Score 4.07 – 81%

Q6. We use a variety of communication strategies to tell compelling stories of how the congregation impacts people's Congregation impacts people's lives.

Score 3.41 – 68%

Q7. The congregation has a visible and effective social media presence.

Score 3.24 – 65%

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PRESIDENT'S MESSAGE (CONT.)

Continued from Page 4

Q8. We do a good job keeping congregants informed about programs and events.

Score 4.4 – 87%

Q9. People are easily able to navigate our website.

Score 3.5 – 71.2%

2. Engage in Reflective and Accountable Leadership

Q15. There is a pipeline of new lay leaders ready to step into leadership roles.

Score 2.32 – 46%

Q16. The board or nominating committee identifies, recruits, orients and trains new leaders and volunteers.

Score 2.59 – 52%

3. Ensure Adequate Financial Resources

Q24. The leadership provides financial transparency, by ensuring that all leaders understand the congregation's finances.

Score 4.2 – 83.9%

Q25. There are sound administrative procedures in place, which enable things to run smoothly.

Score 4.2 – 83.9%

Q27. Our facility is appropriate in size and design for our community.

Score 4.29 – 85.9%

Q28. Our building is attractive and welcoming and meets our needs.

Score 4.12 – 82.4%

Q29. Our congregation is in a viable location.

Score 4.5 – 90.2%

4. Welcome Participation and Engagement

Q33. The leadership knows me, and knows my talents, skills, and interests.

Score 4.2 – 83.9%

Q34. I feel warmly welcomed when I attend services, special events and programs.

Score 4.78 – 95.6%

Q35. We have active affinity groups such as Brotherhood, Sisterhood, Hazak, and others, for people at various stages of life (young families, seniors, etc.) or with particular interests (book groups, sports, cooking, etc.), and members are actively encouraged to join them.

Score 4.78 – 95.6%

Q36. There are programs and services geared to engaging families at key transition points (e.g. as they enroll in early childhood programs, transition to religious school, join USY, graduate high school, etc.).

Score 2.83 – 56.6%

Q37. There is a systematic approach to engage teens from post Bar/Bat Mitzvah through high school to help them enter college with a strong Jewish identity.

Score 1.29 – 25.8%

Q38. We have an active USY chapter, and teens are actively encouraged to participate.

Score 1.27 – 25.4%

Q39. Teens feel comfortable in our synagogue and are visibly engaged in the life of the congregation.

Score 1.66 – 33.2%

5. Motivate Deeper Engagement in Torah and Tefila

Q41. We have an active adult education program designed to engage people of all levels and skills.

Score 4.15 – 82.9%

Q43. Our clergy help members connect prayer to learning and social justice.

Score 4.27 – 85.4%

Q44. We have approaches to prayer and ritual geared to many different levels of knowledge and skills (e.g. a learners' minyan).

Score 2.49 – 49.7%

Q45. The synagogue has helped me grow as a Jew.

Score 4.2 – 83.9%

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6. Advocate for Prophetic Justice & Practice Covenantal Caring

Q47. Our leaders help the congregation address the challenges and opportunities of our relationship with the State of Israel.

Score 2.98 – 59.5%

Q49. Israel education is a key component of our school curriculum.

Score 2.34 – 46.8%

Q50. Our community is inclusive of people with different needs, and we are committed to reducing any barriers to full participation.

Score 4.17 – 83.4%

Q51. Our clergy and volunteers provide care for all members in times of joy and sorrow.

Score 4.55 – 91.0%

Q52. The synagogue's membership policy is fully inclusive.

Score 4.29 – 85.5%

Q55. We are fully welcoming and inclusive of interfaith households.

Score 4.73 – 94.6%

Q59. Social action is a key element of our school curriculum.

Score 2.17 – 43.4%

Next Steps:

1. The Executive Committee will establish priorities for improvement and initiatives for broader discussion at the June Annual Meeting, and

2. We will establish a Work Group to help and support planning, marketing, strategies and program execution celebrating our successes and addressing those areas noted where we need further focus

Your questions and feedback are welcome!

L'Shalom,

Mark J. Snow
President

I Look Forward to Talking with You!

I look forward to meeting with you to talk about, well, just about anything that might be on your mind.

While you can always leave this to chance by just dropping by CBJ, it's best to call or e-mail to set a time for us to meet. While it's wonderful when people just stop by, sometimes people are frustrated that I'm not available when they do so. The problem is that much of the time I'm at CBJ is already scheduled with meetings; also, I frequently have meetings and Pastoral requirements that take me out of the building; and finally, I usually spend one day a week (typically Thursday) working at home.

For these reasons, never hesitate during "normal" hours to call my cell phone, and please also call the cell number at *any* time for a life-cycle emergency or for any other truly pressing matter. I typically check e-mail at least a few times during the day, but please also know that I have a "dumb" phone and do *not* get e-mails instantly when away from the computer. I get texts just fine.

While I always prefer talking in person, one of e-mails' best features is that it's good for finding mutually-good times to meet.

So be in touch, and let's figure out a good time to talk!

L'Shalom,

Rabbi Jeff Sultar

E-mail: rabbi@congbj.org

Cell Phone: (732) 606-5381



SISTERHOOD



April 7 Abby Gilbert, Executive Director, Tikvah Organization will speak to our CBJ community about empowering those in the Jewish community who suffer with mental illness. She will also lead an activity with our religious school students, teaching us not to be afraid of differences and to cope with stress. Parents and other CBJ members are invited.

Ms. Gilbert will lead an activity with our students at **10am** and will follow with a presentation for our parents and congregants at **10:30am**.

April 19 Sisterhood Shabbat led by our own Jodi Rosenfeld. We are strong; we are funny; we are the women of CBJ. Share with us your voice this spring at Kabbalat Shabbat. Give Lori Snow your preference for English or Hebrew parts at lvsnow@comcast.net. More info is on the way.

June 9 Karen Real Torah Fund Luncheon to be held at Karen Real's tranquil and beautiful backyard. Shelley Szwalbenest, Mid-Atlantic Region Torah Fund Vice-President, will speak about Arevut- Responsibility for our community and the future.

SISTERHOOD CALENDAR 2024

April 7 – Speaker Abby Gilbert, Exec. Director, Tikvah Organization

April 19 – Sisterhood Shabbat, led by Jodi Rosenfeld

June 9 – Torah Fund Luncheon at Karen Real's gorgeous home

CEMETERY



CEMETERY SPRUCE UP DAY

SUNDAY, MAY 5 TH, 8:00 AM - 9:30 AM

B'NAI JACOB CEMETERY, LOVERS LANE, MONT CLARE

Volunteers Welcome!

Please bring work gloves, eye protection, water, bug spray, sunscreen, tools for clipping/trimming small branches.

Light duty, no heavy lifting.

SAVE THE DATE:

COMMUNITY BOOK BURIAL

SUNDAY MAY 19, 2024 at 9:00 AM

Rain or Shine



B'NAI JACOB CEMETERY

(set your GPS to 207 Lovers Lane, Mont Clare)

YOU ARE INVITED TO A COMMUNITY-WIDE MITZVAH, AS WE JOIN TOGETHER IN THE MEANINGFUL AND EDUCATIONAL EXPERIENCE OF A JEWISH BOOK BURIAL. WE HAVE CARTONS OF BOOKS READY FOR BURIAL. BRING YOUR OWN OLD AND DAMAGED BOOKS TOO!

LIVESTREAM

Livestream All Services

We are excited to announce CBJ Livestream! Just follow these steps:

1. Go to www.congbj.org from your PC, Laptop, Tablet or Phone
2. Scroll down and click the button under Services – WATCH LIVESTREAM
3. Complete the very brief form and click SUBMIT
4. You will be taken to the CBJ Livestream page (BOXCAST) for the service

RELIGIOUS SCHOOL

Religious school students welcomed Rabbi Sultar to the classroom last month to learn about what a sabbatical is and a bit about what he was studying during that time. Students learned that the origins of the word sabbatical come from the Sabbath and that the concept comes from the Torah where it states that "Jews in the Land of Israel must take a year-long break from working the fields every seven years." (Wikipedia). Students also learned about the golem and their origins in Prague and their place in Jewish folklore. They learned the meaning of the Hebrew word "emet" (truth) and marked their golem on their foreheads and by removing the aleph the word becomes "met" or death. Students had the opportunity to create their own golem out of modeling clay.



SPONSOR AN ONEG

Have something to celebrate?

Come celebrate with your CBJ family by sponsoring an Oneg on Friday nights and/or a Kiddush snack on Saturdays after services. We make it easy - contact Adrienne at 484-318-3385 (cell) or burnsao@gmail.com for details.

Seeking all CBJ foodies!

Come schmooze, nosh and help out with Synagogue functions! I need helping hands to set up Onegs and kiddushes, as well as other occasions, throughout the year. If you can give a little time, contact Adrienne at 484-318-3385 (cell) or burnsao@gmail.com for details.

Use CBJ's Social Media (Facebook, CBJ website) to announce your events, special occasions etc.

Contact Seth Loux - seth@louxfamily.com
and Jerry Weiss - mjimweiss7@gmail.com
for the website and/or
Lorraine Schur - LSCHUR116@gmail.com
and Jerry Weiss - mjimweiss7@gmail.com
for Facebook.

Parents Of Our School Children:

Did you know CBJ offers a wonderful scholarship opportunity to our religious school families?

The **Louis and Sadie Liss Scholarship Fund** provides scholarships for the children of our members to enjoy enriching Jewish events including Jewish camps, USY on Wheels, USY Israel Pilgrimage, Maccabi Games, Passport to Israel Program and other wonderful experiences.

For more information or to apply for a scholarship, please contact Valerie in the office.

SCRIP PROGRAM

Support CBJ with our New Easy to Use CBJ RaiseRight Scrip Program

Support the new CBJ RaiseRight (formerly Shopwithscrip) by purchasing gift cards to your favorite stores and restaurants!

You purchase cards at face value and CBJ receives 2-20% on every purchase. Enjoy the convenience of having access to over 750 top brands from the comfort of your home or the ease of your phone!

ACME, Giant, Amazon, Target, Walmart, Home Depot, GrubHub and many more! Birthdays, Mother's Day, Father's Day, graduations, donate to people in need...

Instructions are below but you may always contact Lisa Anton, Scrip Coordinator, at lanton109@yahoo.com help you through the process.

Easy Enrollment on either your computer or phone:

1. Go to www.raiseright.com
2. Click "Join a Program" (desktop) or "Register" (cell)
3. Enter enrollment code: **97999E3432453**
4. Follow the prompts to create your account and start shopping!
5. Your cart will show your total cost and CBJ's profit.
6. Pay directly from your bank account (with a \$.15 ACH fee) or use a credit card.

If you participated in our previous scrip program, shopwithscrip.com:

1. Go to raiseright.com on your computer, tablet or download the mobile app on your phone.
2. Use your shopwithscrip.com sign in information to login.
3. Your gift cards and payment information will be automatically transferred to your RaiseRight account.
4. Buy your gift cards and support CBJ!

E-GIFT cards can be sent directly (and, in most cases, instantly) to your computer or phone or to a loved one. For a processing fee, you can also purchase **PHYSICAL gift cards** and have them shipped directly to your home, friends or family. **In this new program, we will not keep gift cards in the office for purchase.**

Pay directly from your bank account or with a credit card. For any questions or if you would like to pay with a check, please contact Lisa Anton, Scrip Coordinator, at lanton109@yahoo.com

MEET OUR MEMBERS

As an initiative of Team Engage, we are sharing interviews with CBJ members to promote engagement within the congregation.

Meet Adrienne Burns

Hi – I'm Adrienne Ostroff Burns. I am the chairperson on the Board responsible for overseeing the CBJ Kitchen and also a member of Team Engage. Let me tell you a little about myself:

I've been at CBJ for a bit over 15 years. I love it here as people are funny, smart and welcoming. I enjoy Rabbi's teachings on Saturdays and like the varied events that CBJ has.

I grew up in Vineland, NJ with my parents and 2 brothers in a Conservative Jewish household. Back then Vineland was a very Jewish place but as I grew older and lived in different places, I began to understand how different the Jewish ways were there. As a girl, my Jewish education was focused more on cooking and home rituals rather than learning Hebrew and davening. I am so glad that I have been able to learn more about Judaism at CBJ with no judgments or criticism.

Back to that cooking – it eventually led me to a BS in Food Science at Rutgers (i.e., food research and manufacturing) and then an MS in Biology/Human Nutrition at the University of Bridgeport. I then got my Registered Dietitian credential and have worked in Clinical Nutrition in Subacute rehab/long term care for 21 years. As part of my duties, I would often need to oversee the kitchen to make sure the food produced was safe, wholesome and met the menus I helped design for the therapeutic diets.

Due to changes in the industry, I felt I could no longer provide the level of service I prided myself on, so I retired last year. I have been able to use my skills to make sure kashrut is complied with in the kitchen, as well as do some light catering by providing Kiddush lunches on Saturday. I always welcome helpers or just visitors to the kitchen!

I live in Berwyn with my husband Mike and 2 very spoiled cats. We have 2 daughters – Sara, a software engineer, who is currently staying with us, and Leah, who is a speech therapist in the Reading School District. I enjoy spending time with family, reading, baking, collecting cookbooks, collecting Nordic Ware baking pans, and a wide variety of crafts including knitting, crochet and jewelry making.

NOTE: This just added program is a March event, you should have received this newsletter before it happens, so we wanted to make sure you see it

Poems for our Days...

Poetry in the Wake of October 7th

From Israel to you, a special
Zoom class exploring new works
from Israeli poets post October 7th
with Dr. Rachel Korazim.

Sunday, March 31, 2024
10:00am -11:30am ET on Zoom

Registration is required in advance.

Registration requests should be emailed to

admin@congbj.org

OR call Valerie at B'nai Jacob of Phoenixville (610) 933-5550

The Zoom link will be emailed to you
prior to the March 31st Class

Knowledge of Hebrew is not required.
Instruction is in English.

Following the calamity of October 7th, and the war that followed, Israel was left in despair and shock. The unimaginable became our reality - No Words! Yet, there are poets who find the words to express pain and anger, despair and abandonment.

In this session, we will read and discuss poetry written in Israel following October 7th.

The poems are often raw and painful
while at the same time full of
love - and even hope.



About Dr. Rachel Korazim



An internationally known instructor and consultant in Curriculum Development for Israel and Holocaust Studies, Rachel opens a window to Israeli Society through literature, stories, poems and songs of the best of Israel's writers and poets.

*Proceeds and donations for this class will go to benefit organizations rebuilding communities in Southern Israel and working towards forging new partnerships between Jews and Arabs through the cultural arts.
(Details to come.)*

This special program is sponsored through the shared partnership of:

Congregation Hesed Shel Emet- Pottstown, PA

Congregation Beth Israel of Media, PA

Congregation B'nai Jacob of Phoenixville, PA

Kehillah of Chester County and Kehillah of Delaware County, Jewish Federation of Greater Philadelphia

IN OUR COMMUNITY

FRED MILLER EVENT

On March 2, CBJ-U hosted a "Lecture-in-Song" from Fred Miller. This event had originally been planned for March 2020. It was wonderful to see the event finally come to fruition!

Members and non-members were enthralled by Fred's encyclopedic knowledge and talent. Fred shared biographical information and historical insight on the Jewish song writers from the Golden Era of popular music between the World Wars. Playing the piano donated by Dr. Nathan Brown in 1957 (which has held its tune remarkably well), Fred also entertained the audience with numerous performances of the songs from this period.

With dozens of programs to choose from, it seems likely that Fred will be invited back. If you missed this event, there may be other opportunities in the future!



Sisterhood's Day of Tikvah

-Tikvah's mission is to empower adults living with a mental illness so that they may feel accomplished, independent, and fulfilled.

They strive to create and support member connections through social and educational programming.



Abby Gilbert, Executive Director, Tikvah Organization will speak to our CBJ congregants about empowering those in the Jewish community who suffer with mental illness.

At 10:00 She will lead an activity with our religious school students and parents, teaching us not to be afraid of differences and to cope with stress. Parents encouraged to come!

Ms. Gilbert will then follow with an engaging adult presentation for our congregants at 10:30.

SUNDAY, APRIL 7 - Congregation B'nai Jacob Social Hall

- ☆ 10:00 AM - Hebrew School Session with Students and Parents
- ☆ 10:30 AM - Adult Session for Congregants (Parents welcomed to stay) Sisterhood sponsored nosh

RSVP for this truly fascinating event by Sunday March 31 to Linda Loux at linda@louxfamily.com or 610-960-4888



FOOD DISTRIBUTION PROGRAM

Sunday: Pick Up at Posted Times

April 7, 2024 10:30-10:45 AM
May 5, 2024 **11:30-11:45 AM**
June 2, 2024 10:30-10:45 AM
July 14, 2024 10:30-10:45 AM
August 11, 2024 10:30-10:45 AM
September 15, 2024 10:30-10:45 AM
October 20, 2024 10:30-10:45 AM
November 17, 2024 10:30-10:45 AM
December 15, 2024 10:30-10:45 AM



CBJ has partnered with the Jewish Relief Agency (JRA) and PACS to create a network for delivering groceries to resource challenged households in the Phoenixville Area one Sunday a month. We are now delivering to over 40 households in the area. **In order to make this program as successful as possible, we need your help delivering boxes!** It's a small commitment with a big impact.

All congregants are welcome to participate in this wonderful mitzvah delivering boxes to our neighbors in need!

We are currently looking for additional “back up drivers” to cover for regular drivers when they are out.

To volunteer or for more information, please contact Ruth Yeiser at ryeiser@alumni.upenn.edu